

Counselling Contract Denise Sargeant Therapy Services

These are the policies that guide our work. Please read and sign below if you are in agreement.

- **Confidentiality** “Confidentiality” refers to your therapist’s obligation not to disclose information obtained during the course of your therapy. Your therapist will reveal nothing about you, including that you have been here, except under the conditions agreed upon by you. At times your therapist may consult with a supervision team in order to provide you with the best possible care. We protect your privacy by not sharing this information outside of this group without your written permission, except for the following circumstances:
 - ✓ *Child Welfare:* We are required by law to report child abuse, neglect or any involvement with child pornography.
 - ✓ *Threats of Harm:* If you do or say something that we honestly believe puts the life or safety of yourself or another person at risk, we may ask for help from others to assist you.
 - ✓ *Justice System:* Family therapists do not make good advocates in court and you are asked to not involve us in that process. However, occasionally we may be required to comply with a subpoena of records.

- **Payment Policy** The regular fee per 60 minute session is \$110.00 (plus HST) which is due at the time of service unless other specific arrangements have been made. Because your appointment is reserved for you, no other activities are scheduled for that time. If you cannot keep your appointment, **24 hours notice is required.** If less than 24 hours notice is given, **a late cancellation fee of \$55.00 (plus HST) is charged.** If no notice is given and you fail to appear for the appointment **the full fee** will be charged. Payment of these fees is due at the beginning of the next session.

Emergencies We do not provide emergency services. If you are experiencing an emergency and cannot wait for your next appointment, please go to your nearest hospital or call the 24 hour Mental Health Crisis Line (709) 777-3200 or Toll Free 1-888-737-4668.

I understand the policies as stated above and have had the opportunity to ask questions and freely consent to begin therapy.

Client

Date

Client

Witness

Date